

WHAT'S ON



Visit us at: Duke Street,
Chorley, PR7 3DU

Monday

Midwife clinic – appointments bookable through midwifery

The dedicated team of midwives on hand to support you through your antenatal journey.

Baby and You – 09:30am -11:30am – with Health Visitor on site

From birth to 12 months this is a session with activities, crafts, songs and nursery rhymes. Learn about your baby's development with opportunities to ask questions and share experiences.

Triple P Group – 1:00pm - 3pm – call 01257 516316 to book

Triple P Group will help you to develop your positive parenting approach to support your child's development and behaviour concerns. This session is for parents or carers of children aged 2-11 years old.

CAP- Christians Against Poverty (debt support) (last Monday of the month 09:30am - 12.00pm)

Tuesday

Midwife clinic – appointments bookable through midwifery

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One Stop Shop – Every 3rd Tuesday of the month. Mornings 09:30am - 12:00pm and Afternoons 2:30pm - 5:00pm

A monthly drop-in where families can access support on issues such as, housing; finances and emotional health and wellbeing.

The morning slots are to support families and the community. The afternoon slot is to support young people and their families.

Social Prescribing Service- Chorley Council (First Tuesday of the month 09:30am – 12:00pm)

The Social Prescribing Service offers free, confidential personalised support specifically tailored around what matters to you. Support to build the confidence and motivation to overcome barriers that you may be facing by using health coaching techniques and working closely with various services and partners.

Wednesday

Baby and You – 1:00pm - 2:30pm

Baby and you is a great group for babies because everything is age appropriate. This session is for parents or carers and their babies from birth to around 2 years old. This session provides a great opportunity for positive play between you and your baby.

Colourful Footsteps- 3:30pm – 5:00pm

If your child has a physical, learning, behavioural or emotional difficulty then Colourful Footsteps is a great place for them to feel safe and be themselves. Your child will be encouraged to be confident in expressing themselves and have a chance to make new friends.

Scan here for more information



lancashire.gov.uk/family



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Supporting Families Employment Adviser – 1:00pm – 4:00pm

Thursday

Ivy homebirth team (linked to LTHTR) – appointment only- bookings made through midwife.

Triple P Group – 9:30-11:30am – call 01257 516316 to book

Triple P Group will help you to develop your positive parenting approach to support your child's development and behaviour concerns. This session is for parents or carers of children aged 2-11 years old.

Chat Play Read – 1:00pm – 2:30pm

Our Chat Play Read session is a great way for your child to interact with other children and build their confidence. This session is for parents or carers and children under 5. This session will support the development of your child's speech and language skills and their ability to listen and learn.

Smokefree Lancashire –9:00am – 12:00pm - appointment only (refer via smokefreelancashire.org.uk)

Perinatal Clinic – 1:00 – 4:00pm – bookings made through midwifery

These sessions support you from pregnancy up to your baby's 2nd birthday, with your emotional wellbeing and mental health pre and post birth

Parents to Be – 6:00pm –8:00pm

Ante-natal sessions delivered over two consecutive weeks, available for all expectant parents who have had their 20-week scan.

Provides practical support and information to help you prepare for your newborn.

Friday

2 ½ year development reviews by appointment – 9am-5pm - appointment only by health visiting team

This appointment with your Health Visitor gives you the chance to discuss any ongoing concerns around development. This session is a follow up from your child's 2-year check.