

EMPOWERING PARENTS, GUARDIANS & CARERS

Discover essential tips and advice to keep young people safe whilst growing up with confidence.

Be part of our informative event tailored exclusively for parents, carers and guardians with practical insights and expert advice to protect young people and empower them in the digital era.

Specialists will provide an overview of their area, then they will be available for 1:1, detailed discussions.

Managing MH of you and your young person

Healthy relationships

Social media safety

Healthy eating and weight management



27th September 2023



Lancastrian Suite Town Hall Chorley PR7 1AL



6pm - 8pm



To book your ticket to this event please scan the QR code here —